

MARATHON SWIMS

Start times - Marathon Swims 2024 at London Aquatics Centre
Saturday 9 November 2024

Last name	First name	Distance	Race Number	Arrival Time at LAC	WAVE START TIME (from)	Team name
Abdou	Ahmad	1k Challenge	3090	07:45	08:30	
Agarwal	Virat	1k Challenge	3039	10:30	11:30	
Ager	Jeanette	Marathon 10k	1147	08:00	08:45	
Ager	Kirsty	Marathon 10k	1167	08:00	08:45	
Aggarwal	Vatsal	Half Marathon 5k	2103	08:45	09:30	
Alcott	Alex	Marathon 10k	1059	15:00	16:00	
Ali	Kamar Ameen	Half Marathon 5k	2052	13:00	14:00	
Ali	Kayhan	1k Challenge	3091	10:30	11:30	
Allen	Sophie	Marathon 10k	1204	08:00	08:45	
Amans	John	Half Marathon 5k	2058	08:45	09:30	
Andrews	Therese	Marathon 10k Team (of 2) - Captain	9009	14:30	15:30	Team Mermaids B
Angelakis	Ioannis	1k Challenge	3019	14:00	15:00	
Arbuthnott	Sophie	Half Marathon 5k	2028	16:30	17:30	
Astall	Rachel	Half Marathon 5k	2016	16:30	17:30	
Ballinger	Suzanne	Half Marathon 5k	2078	08:45	09:30	
Bamford	Linda	Marathon 10k Prepaid Team Member	9029	08:00	09:00	Linda & Steph
Barber	Angela	1k Challenge	3015	14:00	15:00	
Barling	Louise	Marathon 10k Prepaid Team Member	9026	08:15	09:00	First time for everything!
Barrowcliff	Joshua	1k Challenge	3075	10:30	11:30	
Barry	Tim	Marathon 10k	1032	15:00	16:00	
Bartlett	Lynn	Marathon 10k	1053	15:00	16:00	
Barton	Amy	Marathon 10k	1002	15:00	16:00	
Batten	Callum	Half Marathon 5k	2006	16:30	17:30	
Bauer	Bettina	Marathon 10k Team (of 2) - Captain	9026	08:15	09:00	First time for everything!
bayes	fiona	Marathon 10k	1066	08:00	08:45	
Beardwell	Charlotte	Half Marathon 5k	2104	08:45	09:30	
Berry	Lorraine	1k Challenge	3001	07:45	08:30	
Berry	Peter	Half Marathon 5k	2086	08:45	09:30	
Bertolla	Kerry-ann	Half Marathon 5k	2080	08:45	09:30	
Bevan	Debbie	1k Challenge	3054	10:30	11:30	
Blackburne	Roddy	Half Marathon 5k	9983	13:00	14:00	
Bold	Noah	Marathon 10k	1207	08:00	08:45	
Boulescu	Ioana	Half Marathon 5k	2099	08:45	09:30	
Bousfield	Samantha	Marathon 10k	1089	11:30	12:30	
Branston	Naomi	Half Marathon 5k	2081	08:45	09:30	
Brennan	Patricia	Marathon 10k Prepaid Team Member	9001	14:30	15:30	
Brett	Alex	Marathon 10k	1031	15:00	16:00	
Broadway	Sue	1k Challenge	3052	07:45	08:30	
Brooks	Richard	Marathon 10k Prepaid Team Member	9021	08:00	09:00	Best Buds
Brown	Tracy	1k Challenge	3048	07:45	08:30	
Bryant	Adam	Marathon 10k Prepaid Team Member	9030	11:30	12:30	Vic and Adam
Bull	Helen	Marathon 10k	1119	11:30	12:30	
Bull	Helen	Marathon 10k	1120	11:30	12:30	
Bull	Nita	1k Challenge	3045	10:30	11:30	
Bunn	Daniel	Half Marathon 5k	2003	16:30	17:30	
Butler-Landman	Helen	Marathon 10k Team (of 2) - Captain	9015	11:30	12:30	Ironfish Swimmers
Butterwick	Caroline	Marathon 10k Prepaid Team Member	9003	14:30	15:30	The Two Butterwicks
Butterwick	Thomas	Marathon 10k Team (of 2) - Captain	9003	14:30	15:30	The Two Butterwicks
Caller	Robin	Marathon 10k	1009	15:00	16:00	
Calugaru	Petru-Cristian	1k Challenge	3049	07:45	08:30	
Campbell	Iona	1k Challenge	3077	07:45	08:30	
Cardy	Heidi	Marathon 10k	1082	11:30	12:30	
castronovo	emilio	Marathon 10k	1194	11:30	12:30	
Chalker	Keely	Half Marathon 5k	2014	16:30	17:30	
Champion	Aaran	Marathon 10k	1025	15:00	16:00	

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Saturday 9 November 2024

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Chan	George	Half Marathon 5k	2038	16:30	17:30	
CHAN	Wing	1k Challenge	3062	07:45	08:30	
Chandra	Malika	Half Marathon 5k	2066	13:00	14:00	
Chapman	Amelia	Marathon 10k	1179	08:00	08:45	
Cheek	Laura	Marathon 10k	1187	08:00	08:45	
Clark	Christopher	Marathon 10k Team (of 2) - Captain	9008	14:30	15:30	Aquanauts
Clark	Christopher	1k Challenge	3005	14:00	15:00	
Coles	Phoebe	Marathon 10k	1088	08:00	08:45	
Collins	Liz	Marathon 10k	1151	08:00	08:45	
Colosimo	Abbie	Marathon 10k	1110	11:30	12:30	
Comery	Ben	Marathon 10k	1141	08:00	08:45	
Common	Steph	Marathon 10k Team (of 2) - Captain	9029	08:15	09:00	Linda & Steph
Connell	Bev	Marathon 10k	1124	11:30	12:30	
Conroy	Nathaniel	Marathon 10k	1004	15:00	16:00	
Contreras	Eduardo	Marathon 10k	1161	08:00	08:45	
Cooper	Peter	Marathon 10k	1078	15:00	16:00	
Cooper	Robby	Marathon 10k	1070	15:00	16:00	
Cope	Danny	1k Challenge	3079	10:30	11:30	
Costa	Eleni	1k Challenge	3011	14:00	15:00	
Court	Nichola	Marathon 10k	1045	15:00	16:00	
Cowie	Vanessa	Marathon 10k Prepaid Team Member	9012	14:30	15:30	Team Mermaids - Team C(ake)
Cowley	Stephen	Half Marathon 5k	2053	13:00	14:00	
Crawford	Pat	Half Marathon 5k	2098	08:45	09:30	
Croucher	Matt	1k Challenge	3026	10:30	11:30	
Cubitt	Lyndsey	Half Marathon 5k	9984	08:45	09:30	
Currie	Emily	Marathon 10k Team (of 2) - Captain	9023	08:15	09:00	The woggle club
D'Intino	Julianna	Half Marathon 5k	2072	13:00	14:00	
Davies	Dominic	Marathon 10k	1069	15:00	16:00	
Davis	Julie	Marathon 10k Prepaid Team Member	9015	11:30	12:30	Ironfish Swimmers
Davis	Pippa	Marathon 10k	1150	08:00	08:45	
Dawkins	Lucy	Marathon 10k	1127	08:00	08:45	
Delphine	Sylvain	1k Challenge	3088	10:30	11:30	
Di Ciancia	Giuseppe	Marathon 10k	1050	15:00	16:00	
Dickens	Sarah	Half Marathon 5k	2095	08:45	09:30	
Dickens	Stephen	Half Marathon 5k	2009	16:30	17:30	
Dickson	Ken	Marathon 10k	1175	08:00	08:45	
Dobson	Kathryn	Half Marathon 5k	2037	16:30	17:30	
Donald	Pamela	1k Challenge	3010	14:00	15:00	
Doody	Eleanor	Half Marathon 5k	2033	16:30	17:30	
dosso	marc	Marathon 10k	1048	15:00	16:00	
Draper	Katie	Marathon 10k	1057	15:00	16:00	
Du Fresne	Anne	Marathon 10k	1154	08:00	08:45	
Duncan	Katie	Marathon 10k Team (of 2) - Captain	9025	08:15	09:00	Duncs!
Early	Debbie	Marathon 10k	1085	11:30	12:30	
Ellard	Jack	1k Challenge	3029	14:00	15:00	
Ellard	Ollie	1k Challenge	3030	14:00	15:00	
Ellicott	Graham	Marathon 10k	1061	15:00	16:00	
Ellwood	Naj	Half Marathon 5k	2004	16:30	17:30	
Evans	David	Marathon 10k	1205	08:00	08:45	
Evans	Jennifer	Marathon 10k	1047	15:00	16:00	
Evitts	Hannah	Marathon 10k	1049	15:00	16:00	
Fall	Gary	Half Marathon 5k	2089	08:45	09:30	
Fallows	Rosie	Marathon 10k	1172	11:30	12:30	
Farley	Natasha	Marathon 10k	1143	08:00	08:45	
Fazackerley	Zoe	Marathon 10k Team (of 2) - Captain	9017	11:30	12:30	Surrey Sailfish

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Fergusson	Emma	Marathon 10k	1038	15:00	16:00	
Ferrise	Andrea	Half Marathon 5k	2001	16:30	17:30	
Flambard	Judith	1k Challenge	3040	10:30	11:30	
Flambard	Richard	Marathon 10k	1041	15:00	16:00	
Forbes	Shaun	Marathon 10k	1024	15:00	16:00	
Foster	Nicola	Marathon 10k	1130	08:00	08:45	
Francis	Katie	Marathon 10k	1075	15:00	16:00	
Funston	Wayne	1k Challenge	3044	10:30	11:30	
Ganda	Matthew	Marathon 10k	1202	08:00	08:45	
Ganda	Matthew	Half Marathon 5k	2068	13:00	14:00	
Ganda	Matthew	1k Challenge	3067	07:45	08:30	
Gandhi	Ayush	Half Marathon 5k	2088	08:45	09:30	
Gargiulo	Vittorio	Half Marathon 5k	2048	13:00	14:00	
Gasson	Lucinda	Half Marathon 5k	2094	08:45	09:30	
George	Caroline	Half Marathon 5k	2044	13:00	14:00	
Gerson	Kim	Marathon 10k Team (of 2) - Captain	9028	08:15	09:00	Twin Tornadoes
Gibbon	Hollie	Marathon 10k	1149	08:00	08:45	
Gilmartin	Astrid	1k Challenge	3083	07:45	08:30	
Glenn	Isabelle	Marathon 10k Prepaid Team Member	9007	11:30	12:30	Pink Ladies
Glenn	Nicola	Marathon 10k Team (of 2) - Captain	9007	11:30	12:30	Pink Ladies
Golbey	Jacob	1k Challenge	3004	14:00	15:00	
Golding	Samuel	Marathon 10k	1006	15:00	16:00	
Goldspink	Sophie	1k Challenge	3035	07:45	08:30	
Gonzalez	Sofia	Half Marathon 5k	2020	16:30	17:30	
Gorst	Tracie	Marathon 10k Prepaid Team Member	9016	11:30	12:30	Sisters Bliss
Graham	Jessica	Marathon 10k	1005	15:00	16:00	
Graham	Karen	Marathon 10k	1068	08:00	08:45	
Grant	Douglas	Marathon 10k	1132	08:00	08:45	
Gray	Louise	1k Challenge	9092	07:45	08:30	
Grayson	Vicki	1k Challenge	3051	07:45	08:30	
Grayson-Hayburn	Albie	1k Challenge	3038	07:45	08:30	
Grayson-Hayburn	Mabel	1k Challenge	3059	07:45	08:30	
Greenwood	George Holmes	Half Marathon 5k	2045	13:00	14:00	
guedes	isabela	1k Challenge	3078	10:30	11:30	
Haines	Martin	Half Marathon 5k	1181	08:30	09:30	
Haines	Martin	Half Marathon 5k	9982	08:30	09:30	
Hajonides	Jasper	Half Marathon 5k	9980	16:30	17:30	
Hall-Benn	Howard	1k Challenge	3070	07:45	08:30	
Hallitt	Tahlia	1k Challenge	3071	07:45	08:30	
Hamilton	Amie	1k Challenge	3031	14:00	15:00	
Hampson	Gill	Half Marathon 5k	2042	13:00	14:00	
Harding	Adam	Marathon 10k	1180	15:00	16:00	
Harding	Steve	1k Challenge	3014	14:00	15:00	
hargaden	paula	Marathon 10k Prepaid Team Member	9023	08:15	09:00	The woggle club
Harper	Sam	Marathon 10k	1022	11:30	12:30	
Harris	Lauren	Marathon 10k	1189	08:00	08:45	
Harris	Tracey	Marathon 10k	1131	11:30	12:30	
Harrison	Dani	Marathon 10k	1021	15:00	16:00	
Hart	James	Marathon 10k	1111	11:30	12:30	
Hart	Jonathan	Marathon 10k	1023	15:00	16:00	
Hart	Sharon	Marathon 10k	1208	08:00	08:45	
Hawkins	Tom	Marathon 10k	1028	15:00	16:00	
Haysom	Tim	Marathon 10k Team (of 2) - Captain	9020	08:00	09:00	Might never happen
Haywood	Sean	Marathon 10k	1105	11:30	12:30	
Heath	Janette	Half Marathon 5k	2092	08:45	09:30	

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Saturday 9 November 2024

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Heseltine	Anne	1k Challenge	3056	07:45	08:30	
Heseltine	Paul	1k Challenge	3057	07:45	08:30	
Heslegrave	Amanda	Marathon 10k	1174	08:00	08:45	
Hill	Adrian	Marathon 10k	1138	11:30	12:30	
Hill	Chris	Marathon 10k	1186	08:00	08:45	
Hillis	Stuart	Half Marathon 5k	2018	16:30	17:30	
Hodgkin	Graham	Marathon 10k	1096	11:30	12:30	
Hollins	Nicky	Marathon 10k	1182	08:00	08:45	
Hudson	Lucy	Marathon 10k	1126	08:00	08:45	
Hughes	Abby	Half Marathon 5k	2075	08:45	09:30	
Hughes	Abby	1k Challenge	3072	07:45	08:30	
Hughes	Nick	1k Challenge	3060	10:30	11:30	
Hunter	Ross	Marathon 10k	1018	15:00	16:00	
Hutton	Lynn	Marathon 10k	1094	11:30	12:30	
Hyjek	Gemma	Marathon 10k	1125	08:00	08:45	
Ibanez Tirado	Diana	Marathon 10k	1039	15:00	16:00	
Insull	Alice	Marathon 10k Team (of 2) - Captain	9005	14:30	15:30	Alice & Laura
Jablonski	Piotr	Marathon 10k	1193	08:00	08:45	
James	Ian	1k Challenge	3009	14:00	15:00	
John-Pearse	Penny	Marathon 10k Prepaid Team Member	9009	14:30	15:30	Team Mermaids B
Johnson	Abbie	Half Marathon 5k	2105	08:45	09:30	
Johnson	Dominic	Half Marathon 5k	2083	08:45	09:30	
Jones	Sarah	1k Challenge	3047	10:30	11:30	
Jost	Heidi	1k Challenge	3086	14:00	15:00	
Jurstakova	Klara	Half Marathon 5k	2024	16:30	17:30	
Kankanallu	Amithash	Half Marathon 5k	2010	16:30	17:30	
Kazemi	Roxana	Marathon 10k	1107	11:30	12:30	
Keates	Matthew	Marathon 10k	1123	11:30	12:30	
Kelly	Hannah	Half Marathon 5k	2008	16:30	17:30	
Kennedy	Anna	Marathon 10k	1137	08:00	08:45	
Kenny	Catherine	Marathon 10k Prepaid Team Member	9002	14:30	15:30	TEAM Mermaids A
Kenwell	Jenni	Marathon 10k	1051	15:00	16:00	
Kenyon	Sophie	Half Marathon 5k	2061	13:00	14:00	
Kestelman	Julia	Marathon 10k Team (of 2) - Captain	9027	11:30	12:30	KestelSwimmng
Khangura	Kieran	1k Challenge	3033	14:00	15:00	
Kiely	Toby	Marathon 10k	1090	11:30	12:30	
Kirby	Constance	Marathon 10k	1184	08:00	08:45	
Kirby	John	1k Challenge	3041	10:30	11:30	
Klek	Julianna	Marathon 10k	1178	08:00	08:45	
Knowles	Matthew	Marathon 10k	1170	08:00	08:45	
Koelling	Anja	1k Challenge	3046	10:30	11:30	
KORNAS	SYLWIA	Marathon 10k	1146	08:00	08:45	
Lagman	Clarisse Ann	1k Challenge	3073	07:45	08:30	
Laing	Lauren	Marathon 10k	1148	08:00	08:45	
Lambert	Christian	Marathon 10k	1195	08:00	08:45	
Lamkin	Hayley	Marathon 10k Prepaid Team Member	9010	14:30	15:30	50C
Laurencik	Paul	Marathon 10k Prepaid Team Member	9008	14:30	15:30	Aquanauts
Lee	Anna	Half Marathon 5k	2036	16:30	17:30	
Leff	Frances	Marathon 10k Team (of 2) - Captain	9024	08:15	09:00	Le-Joggers
Leith	Pauline Claire	Marathon 10k	1016	15:00	16:00	
Lewis	Garry	Marathon 10k	1166	08:00	08:45	
Lewis	John	Marathon 10k	1104	11:30	12:30	
Leys	Tim	Half Marathon 5k	2034	16:30	17:30	
Lindley	Joanna	Half Marathon 5k	2013	16:30	17:30	
Linthorh	Jane	Marathon 10k	1155	08:00	08:45	

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Saturday 9 November 2024

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LING	XIAOYU	1k Challenge	3076	07:45	08:30	
Livie	William	Marathon 10k	1084	11:30	12:30	
Llamas Moya	Sara	Marathon 10k	1065	15:00	16:00	
Llewelyn	Abigail	1k Challenge	3074	07:45	08:30	
Longman	Victoria	Half Marathon 5k	2093	08:45	09:30	
LOUBENSKI	ILIA	Half Marathon 5k	2027	16:30	17:30	
Loynes	Helen	Half Marathon 5k	2046	13:00	14:00	
Lucas	Annabel	Marathon 10k Team (of 2) - Captain	9004	14:30	15:30	Swimchat
Lucas	Darcey	Half Marathon 5k	2005	13:00	14:00	
Lucas	Harriet	Marathon 10k	1108	11:30	12:30	
Lundie	Claudia	1k Challenge	3055	10:30	11:30	
Lyle	Emma	1k Challenge	3022	14:00	15:00	
Macdonald	Anthony	Marathon 10k	1101	08:00	08:45	
MacGilchrist	Jasmine	Marathon 10k	1185	08:00	08:45	
MacLucas	Amy	Marathon 10k	1095	11:30	12:30	
MacTavish	James	Marathon 10k	1015	15:00	16:00	
Mak	Kenneth	Half Marathon 5k	2057	13:00	14:00	
Manley	Georgina	Marathon 10k Team (of 2) - Captain	9006	14:30	15:30	Georgie and Claire
Mann	Tony	Marathon 10k	1118	11:30	12:30	
Marasigan	Daisy	1k Challenge	3064	07:45	08:30	
Mariadas	Steve	Marathon 10k	1003	15:00	16:00	
Marshall	Steve	Half Marathon 5k	2059	08:30	09:30	
Marsland	Danny	1k Challenge	3068	07:45	08:30	
Martins	Warren	Marathon 10k Team (of 2) - Captain	9019	11:30	12:30	Bearsted Barracudas
Martyn-Smith	Amelia	Half Marathon 5k	2074	08:45	09:30	
Masarone	Sara	Half Marathon 5k	2079	08:45	09:30	
Mason	Marleen	Half Marathon 5k	2069	13:00	14:00	
McCalla	Kaisha	1k Challenge	3036	10:30	11:30	
McGettigan	Charlotte	Half Marathon 5k	2025	16:30	17:30	
McGrane	Rozalyn	Marathon 10k	1026	15:00	16:00	
McGrath	Catherine	Half Marathon 5k	2100	08:45	09:30	
McIntosh	Kelly	Marathon 10k	1029	15:00	16:00	
McKenzie	Andrew	Marathon 10k	1113	11:30	12:30	
McLaren	Natalie	Marathon 10k	1092	11:30	12:30	
McMellon	Megan	Half Marathon 5k	2067	13:00	14:00	
McNabb	Leonora	Half Marathon 5k	2055	13:00	14:00	
Medcraft	Jane	Marathon 10k	1190	08:00	08:45	
Mesturini	Simone	Half Marathon 5k	2023	16:30	17:30	
Meyers	Alison	Marathon 10k	1165	08:00	08:45	
Mla	Mohammad	1k Challenge	3032	14:00	15:00	
Micklethwaite	Katie	Half Marathon 5k	2022	16:30	17:30	
Mildren	James	Half Marathon 5k	2007	16:30	17:30	
Mills	David	Marathon 10k	1062	15:00	16:00	
Mills	Rachel	Marathon 10k	1017	15:00	16:00	
Mische Lawson	Lisa	Marathon 10k	1010	15:00	16:00	
Mistry	Neesha	Marathon 10k	1117	11:30	12:30	
Mitchell	Lesley	Half Marathon 5k	2070	13:00	14:00	
Mitchell	Olivia	Marathon 10k	1173	08:00	08:45	
Monty	Dominique	Marathon 10k	1121	11:30	12:30	
Moon	Carol Ann	1k Challenge	3027	14:00	15:00	
Moore	Christine	Marathon 10k Prepaid Team Member	9024	08:15	09:00	Le-Joggers
Moore	Hayley	Marathon 10k	1001	15:00	16:00	
Morgan	Josephine	Marathon 10k Prepaid Team Member	9020	08:00	09:00	Might never happen
Mountford	Keith	Half Marathon 5k	2101	08:45	09:30	
Mroz	Dorota	Half Marathon 5k	2082	08:45	09:30	

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Saturday 9 November 2024

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Mumford	Tiffany	1k Challenge	3063	07:45	08:30	
Munoz	Johan	1k Challenge	3084	07:45	08:30	
Munro	James	Half Marathon 5k	2011	16:30	17:30	
Newell	Abby	Marathon 10k	1091	11:30	12:30	
Newton	Andrew	Marathon 10k Team (of 2) - Captain	9001	14:30	15:30	Shallow end splashers
Norton	Kate	Marathon 10k	1176	08:00	08:45	
Nurock	Natalie	Marathon 10k	1114	11:30	12:30	
Nwankwo	Juleka	1k Challenge	3034	14:00	15:00	
O'Rourke	Katherine	1k Challenge	3018	14:00	15:00	
Obeney-Williams	Janet	Half Marathon 5k	2065	13:00	14:00	
Oberthur	Claire	Marathon 10k	1163	08:00	08:45	
Osborne	Paul	Marathon 10k	1177	08:00	08:45	
Oshannessy	Peter	Marathon 10k	1136	08:00	08:45	
Packham	Martin	Marathon 10k	1162	08:00	08:45	
Paiva	Vitor	Half Marathon 5k	2049	13:00	14:00	
Papagna	Pier Luca	1k Challenge	3025	14:00	15:00	
Paraskeva	Andy	Half Marathon 5k	2060	13:00	14:00	
Parker	Kyran	Marathon 10k	1013	08:00	08:45	
PARSONS	Ellie	1k Challenge	3053	07:45	08:30	
Paterson	Keely	1k Challenge	3008	14:00	15:00	
Patterson	Mike	Marathon 10k	1153	08:00	08:45	
Pawlicka	Anna	Half Marathon 5k	2071	08:45	09:30	
Payne	Robert	Marathon 10k	1071	15:00	16:00	
Peers	Emily	Marathon 10k	1052	15:00	16:00	
Penny	Hannah	Half Marathon 5k	2062	13:00	14:00	
Penny	Lauren	Half Marathon 5k	2063	13:00	14:00	
Penter	Graham	Marathon 10k	1081	11:30	12:30	
Peterschmitt	Joanna	Marathon 10k Prepaid Team Member	9011	11:30	12:30	
Pett	Michael	Half Marathon 5k	2091	08:45	09:30	
philp	sebastian	Marathon 10k	1157	08:00	08:45	
Pilny	Liz	Marathon 10k Prepaid Team Member	9028	08:15	09:00	Twin Tornados
Pinner	Alexa	Marathon 10k Team (of 2) - Captain	9011	14:30	15:30	Team Mermaids D
Piper	Megan	Marathon 10k	1135	08:00	08:45	
Pirouet	Gemma	Marathon 10k	1036	15:00	16:00	
Plaiستow	Rosy	Marathon 10k Prepaid Team Member	9027	11:30	12:30	Kestelswimming
Poste	Rob	Marathon 10k	1056	15:00	16:00	
Poulter	Claire	Marathon 10k	1079	15:00	16:00	
Powell	Joanne	Marathon 10k	1139	08:00	08:45	
Powell	Millie	Marathon 10k	1063	11:30	12:30	
Principe	Susan	Half Marathon 5k	2096	08:45	09:30	
pritchett	susan	Half Marathon 5k	2097	08:45	09:30	
Proctor	Lara	Marathon 10k Prepaid Team Member	9018	11:30	12:30	Saxon Crown Champions
Prosser	Natalie	Marathon 10k	1073	15:00	16:00	
Pyman	Sue	Half Marathon 5k	2050	13:00	14:00	
Quintairos Ojanguren	Janire	Half Marathon 5k	2030	16:30	17:30	
Radmore	Charlotte	Marathon 10k	1112	11:30	12:30	
Ramdeen	Krishna	1k Challenge	3042	10:30	11:30	
Rawlinson	Vicki	Marathon 10k Prepaid Team Member	9013	11:30	12:30	Plenty of R&R
Read	Amanda	Marathon 10k Team (of 2) - Captain	9002	14:30	15:30	TEAM Mermaids A
Read	Mark	Marathon 10k	1054	15:00	16:00	
Read	Martin	Half Marathon 5k	2040	16:30	17:30	
Rees	Megan	Half Marathon 5k	2043	13:00	14:00	
Reid	Karen	Marathon 10k Team (of 2) - Captain	9016	11:30	12:30	Sisters Bliss
Richards	Jacqui	Marathon 10k	1086	11:30	12:30	
Richardson	Mark	1k Challenge	3058	07:45	08:30	

MARATHON SWIMS

Start times - Marathon Swims 2024 at London Aquatics Centre
Saturday 9 November 2024

Last name	First name	Distance	Race Number	Arrival Time at LAC	WAVE START TIME (from)	Team name
Rickard	Philippa	Marathon 10k	1012	08:00	08:45	
Rimbert	Margot	Half Marathon 5k	2054	13:00	14:00	
Rios	Libardo	1k Challenge	3043	10:30	11:30	
Risk	Alasdair	Marathon 10k	1019	15:00	16:00	
Roberts	James	Marathon 10k	1043	15:00	16:00	
Robertson	James	Marathon 10k	1103	11:30	12:30	
Robinson	Darren	Marathon 10k	1035	15:00	16:00	
Robinson	Mark	Marathon 10k	1033	15:00	16:00	
Roche	Andrew	Marathon 10k Team (of 2) - Captain	9013	11:30	12:30	Plenty of R&R
Roddam	Karen	Marathon 10k	1100	11:30	12:30	
Roper	Lucy	Marathon 10k	1037	15:00	16:00	
Rothwell	Victoria	Marathon 10k	1034	15:00	16:00	
Rowe	Claire	Half Marathon 5k	2017	16:30	17:30	
Rowe	HELEN	Marathon 10k	1183	08:00	08:45	
Rowell	Andy	Marathon 10k	1134	08:00	08:45	
Rowell	Carolyn	Marathon 10k	1106	08:00	08:45	
Rowell	Emily	Marathon 10k	1020	15:00	16:00	
Rowlands	Megan	Half Marathon 5k	2035	16:30	17:30	
Runagall	Andrew	Marathon 10k	1197	08:00	08:45	
Russell	Helen	Marathon 10k	1109	11:30	12:30	
Rusz	Nick	Marathon 10k	1011	15:00	16:00	
Ryan	Julie	Marathon 10k	1164	08:00	08:45	
Sachs	Jeremy	Marathon 10k	1159	08:00	08:45	
Sadler	Craig	Marathon 10k	1080	15:00	16:00	
Sahin	Rafi	Marathon 10k	1144	08:00	08:45	
Salehi-Reyhani	Ali	Marathon 10k	1203	08:00	08:45	
Samuel	Michelle	Half Marathon 5k	2064	13:00	14:00	
Sanchez	Cristina	Half Marathon 5k	2090	08:45	09:30	
Sanchez Herrero	Sara	Half Marathon 5k	2012	16:30	17:30	
Savage	Omotayo	1k Challenge	3065	07:45	08:30	
Schakenbos	Luuk	Half Marathon 5k	2026	16:30	17:30	
Scorer	Ian	Half Marathon 5k	2077	08:45	09:30	
Scorer	Tanya	Half Marathon 5k	2076	08:45	09:30	
Searcy	Catherine	Half Marathon 5k	2015	16:30	17:30	
Seecharan	Anna	Marathon 10k	1196	08:00	08:45	
Sellens	Sarah	Marathon 10k Prepaid Team Member	9014	11:30	12:30	
Serwin	Dawid	1k Challenge	3017	14:00	15:00	
serwin	martin	1k Challenge	3024	10:30	11:30	
Sharma	Aayushi	Half Marathon 5k	2019	16:30	17:30	
Shaw	Tony	Marathon 10k	1046	15:00	16:00	
SHEATHER	MARK	Marathon 10k	1058	15:00	16:00	
Shefford	Hayley	1k Challenge	3082	10:30	11:30	
Sherriff	Emily	Marathon 10k	1171	08:00	08:45	
Simmons	Leighton	Marathon 10k	1027	15:00	16:00	
Simpson	Elizabeth	Marathon 10k	1129	08:00	08:45	
Singhal	Prasun	Half Marathon 5k	2084	13:00	14:00	
Slipper	Dan	1k Challenge	3021	14:00	15:00	
Smith	Cel	Half Marathon 5k	2102	08:45	09:30	
Smith	Louise	1k Challenge	3050	07:45	08:30	
Snapes	Aaron	Half Marathon 5k	2021	16:30	17:30	
Soulier	Gilles	Marathon 10k	1115	11:30	12:30	
Spear	Richard	Marathon 10k Prepaid Team Member	9019	11:30	12:30	Bearsted Barracudas
stanley	ben	Marathon 10k	1083	11:30	12:30	
Stephens	Laura	Marathon 10k Prepaid Team Member	9005	14:30	15:30	Alice & Laura
Stevenson	Neil	Marathon 10k	1067	15:00	16:00	

MARATHON SWIMS

Start times - Marathon Swims 2024 at London Aquatics Centre
Saturday 9 November 2024

Last name	First name	Distance	Race Number	Arrival Time at LAC	WAVE START TIME (from)	Team name
Stockman	Stacey	Marathon 10k	1093	11:30	12:30	
Suett	Victoria	Marathon 10k Team (of 2) - Captain	9010	14:30	15:30	50C
Sutherland	Rob	Marathon 10k	1072	15:00	16:00	
Sutton	Matthew	Marathon 10k	1060	15:00	16:00	
Talary	Prabina	Half Marathon 5k	9981	08:30	09:30	
Tamburi	Kelly	1k Challenge	3016	14:00	15:00	
Taylor	James	Marathon 10k Prepaid Team Member	9017	11:30	12:30	Surrey Sailfish
Taylor	Lucia	Marathon 10k	1169	08:00	08:45	
Team member	To be added	Marathon 10k Prepaid Team Member	9004	14:30	15:30	
Team member	To be added	Marathon 10k Prepaid Team Member	9021	08:15	09:00	
Team member	To be added	Marathon 10k Prepaid Team Member	9025	08:15	09:00	
Team member	To be added	Marathon 10k Prepaid Team Member	9027	08:15	09:00	
Team member	To be added	Marathon 10k Prepaid Team Member	9029	08:15	09:00	
Thane	Mary	Half Marathon 5k	2032	13:00	14:00	
Thomas	Natalie	Marathon 10k	1116	11:30	12:30	
Thompson	Joe	1k Challenge	3080	10:30	11:30	
Thompson	Megan	1k Challenge	3081	10:30	11:30	
Thompson	Nyall	1k Challenge	3012	14:00	15:00	
Thorne	Nicola	Marathon 10k	1042	15:00	16:00	
Thorne	Zoe	Marathon 10k	1008	15:00	16:00	
Tiller	Thomas	Marathon 10k	1133	08:00	08:45	
Tingley	Luke	Marathon 10k	1168	08:00	08:45	
Tkanko	Oksana	1k Challenge	3037	10:30	11:30	
Tome	Nuno	Marathon 10k	1044	15:00	16:00	
Tostevin	Lisa	1k Challenge	3002	14:00	15:00	
Trelawny-Vernon	Harry	1k Challenge	3028	14:00	15:00	
Troup	Alexander	Marathon 10k	1097	11:30	12:30	
Tuck	maggi	Marathon 10k	1074	15:00	16:00	
Tuckett	Harriet	Marathon 10k	1156	08:00	08:45	
Valambia	Rikin	Marathon 10k	1191	08:00	08:45	
Varias	Jenny	1k Challenge	3089	14:00	15:00	
Vaughan	David	Marathon 10k	1087	08:00	08:45	
Vieira	Sam	Marathon 10k	1122	11:30	12:30	
Visaggio	Elisabetta	1k Challenge	2073	07:45	08:30	
VON DERLINDEN	VICKY	Marathon 10k Team (of 2) - Captain	9030	11:30	12:30	Vic and Adam
Vure	Baritodor	1k Challenge	3066	07:45	08:30	
Wall	Ian	Marathon 10k	1158	08:00	08:45	
Warburton	Leina	Half Marathon 5k	2051	13:00	14:00	
Watkin	Kathryn	Marathon 10k	1142	08:00	08:45	
Watson	Anna	1k Challenge	3085	07:45	08:30	
Watson	Emma	Marathon 10k Team (of 2) - Captain	9012	14:30	15:30	Team Mermaids - Team C(ake)
Watts	Sonia	Marathon 10k	1200	08:00	08:45	
Webster	Molly	Marathon 10k	1040	15:00	16:00	
Weeks	Paul	Marathon 10k	1145	08:00	08:45	
Welsh	Danielle	1k Challenge	3020	14:00	15:00	
Westbrook	Katarina	Half Marathon 5k	2039	16:30	17:30	
Whaley	Felicity	Marathon 10k	1076	15:00	16:00	
Whaley	Rod	Marathon 10k	1077	15:00	16:00	
Wheatley	Rebecca	Marathon 10k Team (of 2) - Captain	9014	11:30	12:30	The Ivory Power
White	Claire	Marathon 10k Prepaid Team Member	9006	14:30	15:30	Georgie and Claire
White	Ellie	Marathon 10k	1064	15:00	16:00	
White-Andrews	Rory	1k Challenge	3003	07:45	08:30	
Wieczorkiewicz	Bart	1k Challenge	3069	07:45	08:30	
Wilkinson	Peter	1k Challenge	3007	14:00	15:00	
Williams	Alex	Marathon 10k Team (of 2) - Captain	9018	11:30	12:30	Saxon Crown Champions

MARATHON SWIMS

Start times - Marathon Swims 2024 at London Aquatics Centre
Saturday 9 November 2024

Last name	First name	Distance	Race Number	Arrival Time at LAC	WAVE START TIME (from)	Team name
Williams	Michael	Half Marathon 5k	2031	13:00	14:00	
Williams-Zwart	Maria	Marathon 10k	1140	08:00	08:45	
Williamson	Alice	Marathon 10k	1098	11:30	12:30	
Winterhalder	Nick	Half Marathon 5k	2041	13:00	14:00	
Wolstencroft	Emma	Marathon 10k	1188	08:00	08:45	
Wormull	Daniel	Marathon 10k Team (of 2) - Captain	9021	08:15	09:00	Beat buds
Wright	Matthew	Marathon 10k	1055	15:00	16:00	
Yap	Nicol	Half Marathon 5k	2085	08:45	09:30	
Young	Katie	1k Challenge	3006	14:00	15:00	
Young	Ryan	1k Challenge	3023	14:00	15:00	
Zavattieri Neto	Angelo	Marathon 10k	1030	15:00	16:00	
Zouev	Alexander	1k Challenge	3013	14:00	15:00	